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# THE IMPORTANCE OF USMLE STANDARDS IN IMPROVING THE QUALITY OF MEDICAL EDUCATION IN UZBEKISTAN

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Abstract. This paper discusses the improvement of medical education quality in Uzbekistan through the adoption of USMLE standards. It highlights how the USMLE system can help align students' clinical thinking, practical skills, and knowledge with international requirements. The work also explores the potential benefits and challenges of integrating USMLE standards into Uzbekistan's medical education system. Overall, these standards are considered an important factor in modernizing education and training globally competitive specialists.

**Keywords:** USMLE, Medical Education, Clinical Skills, International Standards, Curriculum Development, Competency-Based Education.

# ЗНАЧЕНИЕ СТАНДАРТОВ USMLE В ПОВЫШЕНИИ КАЧЕСТВА МЕДИЦИНСКОГО ОБРАЗОВАНИЯ В УЗБЕКИСТАНЕ

Аннотация. В данной статье обсуждается улучшение качества медицинского образования в Узбекистане посредством принятия стандартов USMLE. В ней подчеркивается, как система USMLE может помочь привести клиническое мышление, практические навыки и знания студентов в соответствие с международными требованиями. В работе также изучаются потенциальные преимущества и проблемы интеграции стандартов USMLE в систему медицинского образования Узбекистана. В целом, эти стандарты считаются важным фактором модернизации образования и подготовки конкурентоспособных на мировом уровне специалистов.

**Ключевые слова:** USMLE, медицинское образование, клинические навыки, международные стандарты, разработка учебных программ, образование на основе компетенций.

#### Introduction

In the modern era, improving the quality of medical education and aligning it with international standards is one of the main objectives faced by every country. Uzbekistan is actively undertaking a series of reforms in this direction.

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Integrating internationally recognized USMLE standards into the education system creates an opportunity to elevate the training of medical professionals to a new level.

### **Main Part**

USMLE standards are aimed at deep theoretical and practical mastery of medical knowledge, the development of clinical thinking, and the formation of professional competencies.

These standards provide an opportunity for independent and objective assessment of students' knowledge and skills, leading to an overall improvement in education quality. In the context of Uzbekistan, implementing USMLE standards necessitates the modernization of the activities of medical higher education institutions, a review of curricula, and the development of teaching methodologies. This approach helps medical specialists become competitive on the international stage.

The educational process shaped according to USMLE requirements promotes the thorough acquisition of medical practice, enhances independent decision-making abilities, and strengthens professional responsibility. Furthermore, it emphasizes the importance of improving quality communication between students and instructors, as well as introducing modern evaluation systems into the learning process. However, successful implementation of these standards requires strengthening the material and technical base of educational institutions, training qualified teaching staff, and harmonizing medical curricula with international benchmarks. At the same time, it is important to integrate global experience while preserving the unique characteristics of the national education system. USMLE standards play a key role in improving the quality of medical education in Uzbekistan. Their implementation not only elevates the quality of education to a new level but also enhances the international reputation of the national healthcare system. In the long term, it enables the training of medical specialists who can compete globally.

### **Conclusion**

In the process of improving the quality of medical education in Uzbekistan, studying international experiences and adapting them to the national education system holds significant importance. The implementation of USMLE standards serves as an effective tool in this regard, enabling students to deepen their theoretical and practical knowledge, develop clinical thinking, and strengthen independent decision-making skills. The integration of these standards not only enhances the quality of medical education but also ensures that Uzbek specialists become competitive at the international level. Furthermore, it accelerates the development of medical higher education institutions and expands opportunities for global scientific collaboration.

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