

INSON VA UNING BORLIG'I:FALSAFIY MULOHAZALAR

Yarashova Mohlaroyim Shuxrat qizi

Osiyo xalqaro universiteti Tarix va filologiya kafedrasи o'qituvchisi

<https://doi.org/10.5281/zenodo.15854270>

Annotatsiya. Mazkur maqolada inson va uning borlig'i masalasi falsafiy nuqtai nazaridan tahlil qilinadi. Insonning tabiatdagi o'rni, ongi, ijtimoiylik xususiyati, ruhiy-ma'naviy mohiyati, o'zligini anglash jarayoni, erkinlik va mas'uliyat, abadiylik va fano o'rtasidagi ziddiyatlar falsafiy jihatdan yoritiladi. Shuningdek, Sharq va G'arb falsafasidagi inson haqidagi asosiy qarashlar solishtiriladi hamda zamонавиј falsafiy yondashuvlar orqali inson borligining murakkabligi ochib beriladi.

Kalit so'zlar: Inson, borliq, ong, erkinlik, ma'naviyat, falsafa, o'zlik, ruh, tabiat, ijtimoiylik, mavjudlik, shaxs, mohiyat, insoniylik.

“Inson kim?”, “Nega yashaymiz?”, “Borlig‘imizning mohiyati nimada?” — bu savollar tarix davomida eng ko‘p berilgan, eng ko‘p izlanilgan, ammo hali hamon to‘liq javobi topilmagan savollardandir. Inson — bu nafaqat biologik mavjudot, balki ma’naviy, ijtimoiy, axloqiy va intellektual mavjudot hamdir. Shu bois, insonning borlig'i falsafa tarixida alohida o‘rin egallagan. Ushbu maqolada inson tabiatining murakkabligi, uning borliqdagi o'rni va mohiyati keng yoritiladi.

Ko‘plab falsafiy ta’limotlar insonni borliqning markazi sifatida ko‘radi. Masalan, qadimgi yunon faylasufi Protagor: “Inson — barcha narsalarning mezoni”, degan. Bu insonning borliqni idrok etuvchi, uni tushunuvchi va unga mazmun bag‘ishlovchi mavjudot ekanini anglatadi.

Sharq falsafasida ham inson — bu “olam ichra olam”, ya’ni bir olam ichida kichik olam sifatida qaralgan. Ibn Sino, Al-Farobi, Jaloliddin Rumiy kabi mutafakkirlar uchun inson Allohning mukammal yaratuvigidir.

Inson o‘z mohiyatida moddiy va ma’naviy olamni birlashtiradi: tana orqali moddiy, ruh orqali esa ilohiy olam bilan bog‘langan. Bu ikki dunyo o'rtasidagi ichki ziddiyat insonni izlanishga, o'zligini anglashga, borliq ma’nosini kashf etishga undaydi.

Tasavvufda insonning ruhiy yetilishi, Alloha yaqinlashuvi — borliqni to‘liq anglash yo‘lidir. “Insan al-kamil” (Mukammal inson) tushunchasi aynan shu fikr asosida yaratilgan.

Insonni boshqa mavjudotlardan farqlovchi eng muhim sifat bu — **ong** va **o'zlik hissidir**. Inson o‘z “men”ini anglay oladi, vaqtini his qiladi, o‘tmish va kelajak haqida o‘ylaydi, axloqiy tanlovlari qiladi.

Shuningdek, inson o‘z ustida fikr yurita oluvchi yagona mavjudotdir. Bu esa uni nafaqat mavjudlik darajasida, balki mohiyat jihatidan ham yuksak mavqega olib chiqadi.

Falsafa tarixida insonning borlig'i doimiy erkinlik va mas'uliyat muammosi bilan bog‘liq bo‘lgan. Jean-Paul Sartre aytganidek, “Inson erkinlikka mahkum”, chunki u tanlov qiladi va o‘z tanlovlari uchun javobgar bo‘ladi.

Inson o‘z hayoti, maqsadi, qadriyatları va hayotiy yo‘lini o‘zi belgilaydi. Bu jihatdan inson borlig'i — doimiy izlanish, shakllanish va o‘zini yaratish jarayonidir.

Inson yolg‘iz yashay olmaydi. Uning o'zligini anglash, fikrlarini ifoda etish, qadriyatlarini shakllantirish jarayoni ijtimoiy muhitda ro'y beradi. Shuning uchun Aristotel insonni “ijtimoiy hayvon” deb atagan.

Jamiyat, madaniyat, til, din va qadriyatlar — bularning barchasi inson borlig‘ining

ajralmas qismlaridir. Inson faqat jismoniy emas, balki ijtimoiy, madaniy va axloqiy mavjudot sifatida to‘la shakllanadi.

Borliq abadiy, inson esa foni. Shu bois inson o‘z hayotining ma’nosini izlaydi. Uning maqsadi — foniylig ichida abadiylikni topish, jismoniy hayot ichida ma’naviy hayotni barpo etishdir.

Ko‘plab falsafiy oqimlar inson hayotini “bir daqiqalik yulduz porlashi” deb baholagan bo‘lsa-da, inson tafakkuri orqali borliqni abadiylik bilan bog‘laydi. Falsafaning asosiy vazifalaridan biri ham aynan shu — insoniy borliqni chuqur anglashga yordam berishdir.

Inson — murakkab, ko‘p qirrali va cheksiz imkoniyatlarga ega mavjudotdir. U moddiy va ma’naviy olam oralig‘ida yashaydi, o‘zligini anglashga intiladi, borliq bilan bog‘lanadi va uni mazmun bilan boyitadi. Uning borlig‘i — bu doimiy izlanish, o‘zgarish, yuksalishdir. Falsafa esa inson borlig‘ining ma’nosini izlash, uni anglash va to‘g‘ri yo‘lga solishga xizmat qiladi.

REFERENCES

1. Ярашова, М. . (2024). ЖАХОН ЭТНОЛОГИЯСИ ФАНИ ВА УНИ ЎҚИТИШНИНГ ЗАМОНАВИЙ МЕТОДОЛОГИЯСИ. *Modern Science and Research*, 3(10), 362–368. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/44901>
2. Ярашова, М. (2024). БУХОРО ВОҲАСИДА МАТО ВА МАТО ТАЙЁРЛАШ УСУЛЛАРИ. *Modern Science and Research*, 3(11), 782–787. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/48057>
3. Yarashova Mohlaroyim Shuhratovna. (2024). Muyiddin Ibn Arabiyning Tasavvuf Ta’limotida Tahsil Olgan Ayol Ustozlari Va Ta’lim Bergan Ayol Shogirdlari. *Miasto Przyszlosci*, 52, 622–625. Retrieved from <https://miastoprzyszlosci.com.pl/index.php/mp/article/view/4679>
4. Yarashova, M. (2024). ILK O’RTA ASR MANBALARIDA KIYIM-KECHAKLAR VA ULAR BILAN BOG’LIQ ATAMALAR TAVSIFI. *Modern Science and Research*, 3(12), 621–632. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/58456>
5. Ярашова, М. (2025). ПАРАНЖИ ВА УНИНГ ЎРГАНИЛИШ ТАРИХИ. *Modern Science and Research*, 4(1), 160–168. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/60323>
6. Yarashova, M., Sa’dullayev, U., & Yo’ldosheva, F. (2025). BUXORO VOHASI AYOLLARINING AN’ANAVIY BOSH KIYIMLARI- DO’PPI VA RO’MOL. *Modern Science and Research*, 4(1), 600–607. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/64116>
7. Yarashova , M. ., & Sultonova, M. (2025). BUXORO VOHASI DAFN MAROSIMI KIYIMLARI VA ULAR BILAN BOG’LIQ IRIM-SIRIMLAR. *Modern Science and Research*, 4(1), 352–358. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/63674>
8. Yarashova, M. (2025). EDVARD TAYLOR –ETNOLOGIYADA EVOLYUTSIONISTIK MAKTAB ASOSCHISI. *Modern Science and Research*, 4(2), 1005–1012. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/68483>
9. Yarashova, M., Yuldasheva, F., & Haqqulov, M. (2025). TA’LIM OLISH TARTIBI: YANGILANISH VA O’ZGARISHLAR. MASOFAVIY, DUAL VA INKLYUZIV

- TA'LIM. *Modern Science and Research*, 4(2), 73–80. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/70712>
10. Haqqulov, M., Yarashova, M., & Yuldasheva, F. (2025). TARIXIY KARTOGRAFIYANING ASOSIY YO'NALISHLARI, SHAKLLANISHI VA TARAQQIYOTI. *Modern Science and Research*, 4(2), 81–91. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/70714>
11. Gulyamov, A., Yarashova, M., & Karimov, S. . (2025). O'RTA ASRLARDA G'ARBIY YEVROPADA SHAHAR-QAL'A, SHAHAR-CHERKOV, SAVDO O'BYEKTI AHAMIYATIGA OID SHAHARLARNING VUJUDGA KELISHI. *Modern Science and Research*, 4(3), 122–131. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/71868>
12. Yarashova , M. . (2025). IBN ARABIYNING INSON BORLIG'IGA DOIR QARASHLARI: ILM, RUH VA HAQIQAT. *Общественные науки в современном мире: теоретические и практические исследования*, 4(1), 72–74. извлечено от <https://inlibrary.uz/index.php/zdif/article/view/64262>
13. Gulyamov, A., Yarashova, M., & Karimov, S. (2025). РОЛЬ ХАНА УЗБЕКА В РАСПРОСТРАНЕНИИ ИСЛАМА В ЗОЛОТОЙ ОРДЕ. *Modern Science and Research*, 4(3), 146–154. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/72380>
14. Yuldasheva, F., Haqqulov, M., & Yarashova, M. (2025). QADIMGI TURKIY XALQLARDA "QUT" MAROSIMI XUSUSIDA. *Modern Science and Research*, 4(3), 132–136. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/72375>
15. Yarashova , M., & Rahimova, N. (2025). JADIDCHILARNING MA'RIFATPARVARLIK HARAKATLARI VA ULARNING XALQ MA'NAVIYATINI YUKSALTIRISHDAGI O'RNI. *Modern Science and Research*, 4(3), 398–408. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/7306>
16. Yarashova, M. (2025). TAQINCHOQLAR VA ULARNING AHOLI ETNIK HAYOTIDA TUTGAN O'RNI. *Modern Science and Research*, 4(3), 778–790. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/72864>
17. Gulyamov, A., Yarashova, M., & Karimov, S. (2025). BUXORO VOHASIDA MATO VA MATO TAYYORLASH USULLARI. PAXTA. G'UZAK. JUN. XALAJI. BO'Z. OLACHA. BEQASAM. BAXMAL. ADRAS. *Modern Science and Research*, 4(3), 330–340. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/73808>
18. Xayrullayev , U., Sadullayev, U. ., Yarashova, M., & Boltayev, O. (2025). XIX ASR OXIRI XX ASR BOSHLARIDA QO'SHNI DAVLATLARNING POLSHAGA NISBATAN YURITGAN SIYOSATI. *Modern Science and Research*, 4(3), 420–432. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/74107>
19. Yarashova, M., & Rahimova , N. (2025). FAYZULLA XO'JAYEV ILMIY FAOLIYATINING DASTLABKI DAVRI. *Modern Science and Research*, 4(3), 448–457. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/74113>
20. Boltayev , O., Yarashova , M. ., Xayrullayev, U. ., & Sadullayev, U. (2025). OYROT QABILASI VA ULARNING DAVLATCHILIK ASOSLARING SHAKLANISHIGA

- UMUMIY TAVSIF. *Modern Science and Research*, 4(3), 600–608. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/75573>
21. Yarashova, M., Boltayev, O. ., Xayrullayev, U., & Sadullayev, U. (2025). BUXORO VOHASI AYOLLARINING AN'ANAVIY LIBOSLARI (XIX ASR OXIRI XX ASR BOSHLARIDA). *Modern Science and Research*, 4(3), 571–581. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/75785>
22. Yarashova, M. (2025). FRANS BOAS: ETNOANTROPOLOGIYA, MADANIYAT VA IRQIY DISKRIMINATSIIYAGA QARSHI KURASH. *Modern Science and Research*, 4(4), 595–607. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/79259>
23. Yarashova, M., & Rahimova, N. . (2025). TURKISTON O'LKASIDA YOSH BUXOROLIKLAR HARAKATI. *Modern Science and Research*, 4(4), 404–415. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/81338>
24. Yarashova, M., Haqqulov, M., & Muyiddinov, B. . (2025). BUXORO QO'RBOSSHILAR TARIXIDA O'CHMAS NOM QOLDIRGAN, BUXORO QAHRAMONI IBROHIMBEK. *Modern Science and Research*, 4(4), 388–397. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/81187>
25. Haqqulov, M. ., Yarashova, M., & Muyiddinov , B. . (2025). SHARAFIDDIN ALI YAZDINING "ZAFARNOMA" ASARI TAHLILI. *Modern Science and Research*, 4(4), 398–408. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/81189>
26. Gulyamov, A. ., Yarashova , M., & Boltayev, O. . (2025). G'ARBIY YEVROPA SHAHARLARI VUJUDGA KELISHINING O'ZIGA XOS XUSUSIYATLARI. *Modern Science and Research*, 4(4), 487–496. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/82190>
27. Yarashova, M., Boltayev, O., & Gulyamov, A. (2025). ILK BOSMA NASHRLAR TARIXI: KITOBDAN MADANIYATINING BOSHLANISHI. *Modern Science and Research*, 4(4), 512–519. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/83271>
28. Yarashova, M., Muyiddinov, B., & Yuldasheva, F. (2025). RAQAMLASHTIRISH OMILLARI: KELAJAK ASOSIY SOHASI. *Modern Science and Research*, 4(5), 101–110. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/85863>
29. Yarashova, M., Muyiddinov, B. ., & Yuldasheva, F. . (2025). TADQIQOTLARDA MANBALARNI O'RGANISH: ANIQLASH, TIKLASH, TAHLIL QILISHNING AHAMIYATI. *Modern Science and Research*, 4(5), 238–245. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/85827>
30. Boltayev, O., Gulyamov, . A. ., & Yarashova , M. (2025). NEMISLAR VA ULARNING MARKAZIY OSIYO XALQIGA TA'SIRI. *Modern Science and Research*, 4(5), 177–185. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/86566>
31. Yarashova, M. ., Haqqulov, M. ., & Muyiddinov, B. (2025). TARIX TA'LIMIDA RAQAMLASHTIRISHNING AHAMIYATI. *Modern Science and Research*, 4(5), 665–673. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/87656>
32. Yarashova, M., Yuldasheva, F. ., & Xayrullayev, U. . (2025). IJTIMOIY TARMOQLARNING MEDIA MAKONDAGI O'RNI. *Modern Science and*

- Research, 4(5), 674–685. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/87657>
33. Xayrullayev, U., Yarashova, M., & Yuldasheva, F. (2025). 1918-1939 YILLARDA POLSHANING TASHQI SIYOSIY FAOLIYAT. *Modern Science and Research*, 4(5), 646–656. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/97348>
34. Yarashova, M., & Bahronov, F. (2025). O’RTA OSIYODA ISLOM DININING YOYILISHI. *Modern Science and Research*, 4(5), 637–643. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/97346>
35. Yarashova, M. ., & Rahimova, N. (2025). DO’STLIK NIQQOBI ORTIDAGI SIYOSAT: BUXORO VA ROSSIYA O’RTASIDAGI ELCHILIK ALOQALARI. *Modern Science and Research*, 4(5), 829–835. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/98986>
36. Yarashova, M. (2025). IBN ARABIY: TASAVVUFUDA VAHDAT AL-VUJUD NAZARIYASINING YARATUVCHISI. *Modern Science and Research*, 4(6), 55–61. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/110554>
37. Yarashova , M. ., & Rahimova, N. (2025). JADID AN’ANALARINING DAVOMCHISI: MUSOJON SAIDJONOV IJODIY YO’LI HAQIDA. *Modern Science and Research*, 4(6), 145–153. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/103056>
38. Yarashova , M. ., & Bahronov , F. (2025). TASAVVUF OLIMLARI: ILMIY VA MA’NAVIY MEROSINING O’RGANILSHI. *Modern Science and Research*, 4(6), 42–50. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/102949>
39. Yuldasheva, F. . (2024). MIRZO ULUG’BEK KUTUBXONASI VA BUGUNGI TAQDIRI. *Modern Science and Research*, 3(12), 741–749. Retrieved from <https://inlibrary.uz/index.php/-research/article/view/58564>
40. Yuldasheva , F. . (2024). BOLA TUG’ILISHI BILAN BOG’LIQ MAROSIMLAR O’ZBEK XALQI HAYOTINING AJRALMAS QISMI SIFATIDA. *Modern Science and Research*, 3(11), 788–791. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/48058>
41. Yuldasheva , F. Y. qizi. (2023). LEV NIKOLAYEVICH GUMILYOVNING “QADIMGI TURKLAR” ASARIDA KO’KTURKLAR YODGORLIKHLARI XUSUSIDA. GOLDEN BRAIN, 1(16), 338–342. Retrieved from <https://researchedu.org/index.php//article/view/3908>
42. Yuldasheva , F. . (2025). MAHMUDXO‘JA BEHBUDIY – MILLATNING O’Z TAQDIRINI ANGLASHIDA YORQIN YULDUZ VA MILLIY UYG‘ONISH DAVRINING RAMZI. *Modern Science and Research*, 4(1), 420–427. Retrieved from <https://inlibrary.uz/index.php/scienceresearch/article/view/60832>
43. Yuldasheva, F. ., & Abdihamidova , F. . (2025). BEHBUDIYNI KIM O’LDIRGAN?. *Modern Science and Research*, 4(1), 359–366. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/63681>
44. Yuldasheva, F. . (2025). IBN BATTUTANING “SAYOHATNOMA” ASARI MUHIM MANBA SIFATIDA. *Modern Science and Research*, 4(2), 573–580. Retrieved from <https://inlibrary.uz/index.php/scienceresearch/article/view/66954>

45. Yuldosheva, F. (2025). ZARDUSHTIYLIK DINI MAROSIMLARI HAQIDA. Modern Science and Research, 4(2), 5–12. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/70963>
46. Xayrullayev , U., Xayrullayev , U., Muydinov, B., & Yuldosheva, F. (2025). POLSHANING I JAHON URUSHIDAN KEYINGI AHVOLI. Modern Science and Research, 4(4), 36–48. Retrieved from <https://inlibrary.uz/index.php/scienceresearch/article/view/77250>
47. Yuldosheva, F., Muyiddinov, B., &Xayrullayev, U. (2025). AMIR TEMUR VORISLARI: SIYOSIY, HARBIY VA MADANIY MEROSONG DAVOMIYLIGI. Modern Science and Research, 4(4), 17–26. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/77244>
48. Yuldosheva, F., Muyiddinov, B., &Xayrullayev, U. (2025). JAHONDA KINO SAN'ATINING RIVOJI VA ARXIV HUJJATLARINING SHAKLLANISHI. Modern Science and Research, 4(4), 27–35. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/77247>
49. Yuldosheva, F. ., &Abdilhamidova , F. (2025). AMIR TEMUR VA UNING DAVRIDA MADANIYAT SOHASIDA AMALGA OSHIRILGAN ISHLAR. Modern Science and Research, 4(3), 458–467. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/74115>
50. Yuldosheva , F., &Asadova , S. (2025). IKKINCHI JAHON URUSHIDA O'ZBEK AYOLLARING ISHTIROKI. Modern Science and Research, 4(4), 389–396. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/81334>
51. Yuldosheva, F. (2025). IKKINCHI JAHON URUSHIDA O'ZBEKİSTONNING QO'SHGAN HİSSASI. Modern Science and Research, 4(4), 1648–1655. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/81178>
52. Yuldosheva, F., &Asadova, S. (2025). YAPON MO'JIZASINING TARIXDAGI O'RNI. Modern Science and Research, 4(6), 1220–1225. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/110674>
53. Yuldosheva, F. (2025). MAHMUD QOSHG'ARIY ASARLARIDA TURKIY XALQLARNING "AZA" MAROSIMINING O'RGANILISHI. Modern Science and Research, 4(6), 557–562. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/105569>
54. Yuldosheva, F., &Safoyeva, M. (2025). JADIDLARNING TA'LIM JARAYONLARINI ISLOH QILISHDAGI O'RNI. Modern Science and Research, 4(5), 1519–1524. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/99233>
55. Yuldosheva, F., &Safoyeva, M. (2025). JADIDLARNING TA'LIM JARAYONLARINI ISLOH QILISHDAGI O'RNI. Modern Science and Research, 4(5), 1519–1524. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/99233>
56. Yuldosheva, F. . (2025). G'ARBIY TURK XOQONLIGI: TARIXI VA DAVLAT TUZILMASI. Modern Science and Research, 4(5), 491–495. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/87931>
57. Yuldosheva, F. . (2025). RAQAMLI TEXNOLOGIYALARING TARIX DARSLARIDA O'RNI. Modern Science and Research, 4(5), 230–237. Retrieved from <https://inlibrary.uz/index.php/science-research/article/view/85824>